



Discord

mh
MURRAY HALL
COMMUNITY TRUST

Inspire to

Independance

Looking to meet new people who understand what living with a long-term condition can be like?

Our friendly group is open to anyone aged 16+ with a long-term or life-limiting illness, with or without disabilities. It's a relaxed space to chat, learn new things, and connect with no pressure to share or take part more than you want to.



Every Tuesday

2pm - 4pm

Different Activities each week

The Bridge, ST Marks Road, Tipton, Dy4 0SL