

Support for

Young People's

Emotional Wellbeing

For 5 - 18 year olds living in the Sandwell area who are at risk of mental health issues.

The project will offer free emotional and wellbeing support for children and young people through 1-2-1 and group therapeutic intervention.

We aren't able to refer you directly, but there are a few easy ways to access CAMHS support. You can ask your GP, school, or another health professional for a referral, or find your local CAMHS contact information at www.nhs.uk

For more information

www.murrayhall.co.uk

Funded by



Sandwell and
West Birmingham
Clinical Commissioning Group

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