

SUPPORT FOR YOUNG PEOPLE'S EMOTIONAL WELLBEING

For 5 - 18 year olds living in
the Sandwell area who are at
risk of mental health issues.

The project will offer free emotional
and wellbeing support for children
and young people through 1-2-1 and
group therapeutic intervention.

**CONTACT FOR
SUPPORT NOW!**

We aren't able to refer you directly, but
there are a few easy ways to access
CAMHS support. You can ask your GP,
school, or another health professional for
a referral, or find your local CAMHS
contact information at www.nhs.uk

For more information

www.murrayhall.co.uk

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